

Scrotal Surgery

What is scrotal surgery?

Hydrocele-caused by too much fluid forming the testicle and ballooning out the scrotum.

Spermatocele-when a duct becomes blocked so that the sperm cannot get past, the accumulated sperm results in swelling. It is usually the size of a cherry or a cranberry.

Varicocele-occurs when the veins that drain the testicle becomes dilated.

Tumor-usually can be felt on the testicle and can be benign or malignant.

Post- Operative Instructions:

The following instructions are provided to assist you with planning your self care and recovery after your operation.

1. You must have a responsible adult accompany you home and stay with you overnight.
2. Plan on getting an adequate amount of rest for a few days following your operation. Return to normal activity gradually.
3. You are advised that you should not operate a motor vehicle, machinery, or perform any tasks requiring skill, co-ordination or judgment, or make any legal decisions within 24 hours after your operation.
4. Take all of your regular medications as you took them before your operation, unless instructed otherwise.
5. Take pain medications as prescribed. Try to avoid constipation by eating high fiber foods, drinking plenty of fluids and use a stool softener or mild laxative if needed. Your local pharmacist can be of assistance in choosing these products.
6. Resume your regular diet as tolerated. Do not drink any alcoholic beverages including beer and wine, or use any recreational drugs 24 hours after your surgery.
7. It is important to have emptied your bladder (passed your urine) within 6 hours of returning home. If not, return to the Emergency Department of the nearest hospital.
8. After surgery there will be Polysporin over the incision site, there also could be a small dressing, dressing can come off at home but keep incision covered in Polysporin until showering.

Scrotal Surgery

9. You may shower after 48 hours, pat incision dry and cover with Polysporin for 4-5 additional days.
10. A small amount of bleeding from suture line is not unusual.
11. Stitches will dissolve spontaneously. You can expect some swelling; do not be alarmed about the appearance of the suture line-it will improve as healing takes place.
12. You can engage in sexual activity 2 weeks post-operative.
13. You may resume normal light activity 24 hours following your surgery. You should avoid strenuous activity, heavy lifting, and sports for approximately 2 weeks.
14. Contact your Doctor or seek medical attention if any of the following occurs:
 - Signs of infection, including fever and chills
 - Redness, swelling, increasing pain, excessive bleeding, or discharge at the incision site.
 - Cough, shortness of breath, chest pain
 - Pain that you cannot control with the medication that you have been given.
 - Nausea and/or vomiting that you cannot control or which persist for more than two days after your surgery.
 - Pain and/or swelling in your feet, calves or legs.

If you have any concerns:

- ... call your surgeon/doctor,
- ... or call Telehealth 1-866-797-0000
- ... or come to the Emergency Department at Georgian Bay General Hospital

Follow Up:

The day after your surgery call your Surgeon's office for your _____ week(s) follow-up appointment.

Specific Instructions:
