

# ERCP

## Endoscopic Retrograde Cholangio-Pancreatography (ERCP) Discharge Instructions and Information

You may experience common side effects of ERCP including:

- Sore throat
- Vocal hoarseness
- Dry cough

These are temporary and will resolve within a day or two. Use lozenges or gargle with warm salted water to relieve any discomfort.

You have received sedation DO NOT:

- Do not drink alcoholic beverages, use cannabis or take other sedating medications
- Do not drive motorized vehicles
- Do not operate machinery or power tools
- Do not make important/significant legal or financial decisions

Do not do any of the above activities for the first 24 hours following your procedure. We suggest that you go home and rest for the remainder of the day. It is recommended that you have adult supervision after the sedation to ensure your safety at home.

Additional Instructions:

- Do not eat or drink for 1 hour following your procedure
- Gradually increase from a light to a normal diet, depending on how you feel

Return to the nearest Emergency Department or call 911 if you experience any of the following symptoms:

- Significant bleeding (in vomit or in stools)
- Pass dark stools within the next 14 days
- Fever or chills
- Vomiting
- Difficulty Swallowing
- Severe abdominal bloating or pain that does not get better within a few hours
- Chest pain
- Difficulty breathing